

Brief Explanation of Dilution levels

Excerpted from HPUS's Draft Guidelines for Manufacturing Homeopathic Medicines, Section 25, "Attenuations – Nomenclature / Designations" (Approved by the Homeopathic Pharmacopeia of the United States - Board of Directors, April 13, 2013, for posting to solicit Public Comment):

"25.1. The Homoeopathic Pharmacopeia Convention of the United States hereby adopts the decimal, centesimal and fifty millesimal systems as the standard scales of attenuation, in either liquid or solid form, by which each successive attenuation or trituration is prepared using 1/10th, 1/100th or 1/50,000th as much of the preceding attenuation or trituration.

25.2. Homeopathic liquid attenuations are designated according to the method of scale of attenuation and the attenuation method employed. The designations, which must appear on the labels, are shown in the following table:

Designation	Scale	Method of Attenuation
X or D	Decimal (1/10)	Hahnemannian
CH or C	Centesimal (1/100)	Hahnemannian
CK or K	Centesimal (1/100)	Korsakovian
LM	Fifty Millesimal 1 / 50,000	Hahnemannian

25.2.1. The preferred designation for decimal attenuations is X, which clearly indicates the scale used. All decimal attenuations are prepared according to the Hahnemannian method (see §29).

25.2.2. The preferred designation for Hahnemannian centesimal attenuations is CH, which clearly indicates both the scale used and the method of attenuation. As C is a synonym of CH, it can be only used to designate an attenuation that is prepared according to the Hahnemannian method.

25.2.3. The preferred designation for Korsakovian (see §30) centesimal attenuations is CK, which clearly indicates both the scale used and the method of attenuation.

25.2.4. Either the Hahnemannian or Korsakovian method can be used until the 200th centesimal attenuation; thereafter, the Korsakovian system generally is used.

25.2.5. The designation M does not refer to a scale of potentization (like X or C). It is a short hand symbol (from Roman numerals) for the number 1000. The M designation is used to

denote potencies in the Korsakovian scale, for example: "1M means 1000CK, 10M means 10,000CK, 50M means 50,000CK, and so on."

The Sinus Buster® product is manufactured to "1000M attenuation on the Korsakovian Scale", which approximates to a 1 part per million dilution of the active ingredient, capsaicin.

Reference: <http://www.hpus.com/Draft-Guidelines-for-Manufacturing-Homeopathic-Medicines.pdf>